

## MAP OF CONSCIOUSNESS

	<b>God View</b>	<b>Life View</b>	<b>Level</b>	<b>Log</b>	<b>Emotion</b>	<b>Process</b>
Things are done <b>AS ME</b>	Self	Is	<b>Enlightenment</b>	700- 1000	Ineffable	Pure Consciousness
<b>THROUGH ME</b>	All-Being	Perfect	<b>Peace</b>	600	Bliss	Illumination
	One	Complete	<b>Joy</b>	540	Serenity	Transfiguration
Things are done <b>BY ME</b>	Loving	Benign	<b>Love</b>	500	Reverence	Revelation
	Wise	Meaningful	<b>Reason</b>	400	Understanding	Abstraction
	Merciful	Harmonious	<b>Acceptance</b>	350	Forgiveness	Transcendence
	Inspiring	Hopeful	<b>Willingness</b>	310	Optimism	Intention
	Enabling	Satisfactory	<b>Neutrality</b>	250	Trust	Release
	Permitting	Feasible	<b>Courage</b>	200	Affirmation	Empowerment
Things are done <b>TO ME</b>	Indifferent	Demanding	<b>Pride</b>	175	Scorn	Inflation
	Vengeful	Antagonistic	<b>Anger</b>	150	Hate	Aggression
	Denying	Disappointing	<b>Desire</b>	125	Craving	Enslavement
	Punitive	Frightening	<b>Fear</b>	100	Anxiety	Withdrawal
	Disdainful	Tragic	<b>Grief</b>	75	Regret	Despondency
	Condemning	Hopeless	<b>Apathy</b>	50	Despair	Abdication
	Vindictive	Evil	<b>Guilt</b>	30	Blame	Destruction
	Despising	Miserable	<b>Shame</b>	20	Humiliation	Elimination

From *Power vs. Force: The Hidden Determinants of Human Behavior* by David Hawkins, MD, PhD. Hay House, 1995.